

The BETWEEN-US

Monthly Newsletter of the Greater Milwaukee Central Office, Inc.

Welcoming Newcomers and Aiding AA Groups in Our Community.

August 1944

Do You Know:

HOW TO USE THE CLOSED MEETINGS

Gabbing as is our wont, the other evening at air-conditioned Stewarts, after a Thursday closed meeting, an A.A. member asked why we didn't have one regular closed meeting for older members only. "That is," he said, "people who've been in A.A. at least a month or more." The complaint was that at present too much time is devoted to questions and answers pertaining to the problems of the spanking newcomer, the lad or the lass who is still in the throes of that virus known as jitters. So much time that the problems of the older members are neglected. "Also," added the complainant, "there are things that shouldn't be discussed in the presence of those who've attended only one or two meetings."

Elbows plopped on the table. Coffee cups rattled. "What, for example?" The question came from all sides. "Well, to begin with--slips," was the reply. "It's bad stuff to discuss slips, slippers and slipping all over the place, with brand-new members present. They might get the impression that none of us stays sober for any length of time. They might get so discouraged by that kind of talk that they'd never come back. They might. . ." He got no further. Elbows came up, coffee went down. And the gabfest was on for sure. Here is the meat off the bone so well picked that evening: Closed meetings are for the purpose of discussing personal problems concerning alcohol, problems that one does not feel free to discuss in the presence of non-alcoholics. Uninhibited by the presence of "outlanders," you can speak your mind freely at a closed meeting, secure in the knowledge that you are among people who know the very worst about you, who have the same malady as your own, and who will listen to you with sympathy and understanding. As for the older members not having a chance to air their problems because of concentration on those of the brand-new members, that argument wobbles like a drunk nearing his last legs. Now really. As one young woman put it, "If the older member's question is burning enough, he'll barge in and burst out with it. Nobody could stop him. If it's not so very important, a little listening to other people's troubles won't do him any harm." As a general rule, it isn't the older member who is shy about talk-

ing at closed meetings, it's the new member. Also, the consensus was that the closed meetings need the stimulation of a *constant flow* of new members and their provocative questions. Very much need them. And as for the slip-slipper-slipping talk, that's not going to harm the new ewe lambs. Not seriously anyway. Even if he should go away for a while, as a result of it, he'll be back. He'll be back if he seriously wants to sober up. And we will welcome him with gratitude in our hearts: here is another sick person we are privileged to help.

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September 2015

The Angriest Newcomer

She was desperate to take the edge off, but afraid to go back to her vodka martinis

I joke in meetings that when I finally get around to writing my book, it'll be made into a TV movie and everyone watching it will cry. I've even picked out a theme song, "Highland Cathedral"—on the bagpipes. Here's the tagline: "She had it all, she lost it all and she got some of it back."

In 1999, I had a good career, a corner office in a high-rise building, a house in the suburbs, a great credit rating, a car, money in the bank, three cats, one dog and my self-respect. I had my favorite barstool at the strip club, and I drank a lot of vodka martinis made from a specific brand of imported vodka.

As a direct result of my love of vodka martinis, a judge ordered me to attend AA meetings for six months. But I didn't want to stay sober longer than the hour I had to sit in the meeting. I remember hearing them say that if I was an alcoholic and continued to drink, my life would get worse. I didn't believe them. When the six months were up, I was done with AA. I was 41.

Over the next few years, I drank more vodka and discovered I had some "outside issues." I lost everything but the car and moved in with some guy I'd met in a bar. Then I got my career back briefly, before I lost everything again, including the car. I wound up

(Newcomer: Continued on page 2)

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homeless. Well, not really homeless. I was reasonably attractive, intelligent and ruthless, so I always had shelter. Most of the time, I had food.

My friends and family found me a few months later, emaciated and feral. A friend took me in for a while and later co-signed for a mortgage on a new home. I was becoming a human again.

I admitted I had a problem. My friend suggested out-patient group therapy. After listening to my story, my counselor there told me that I needed to go to AA, get a sponsor and work the Steps. I told her I was too busy because I was trying to make up the money I had wasted on my last binge. I stayed dry for 27 days. My relationship with my counselor ended a few months later, when I left a drunken message on her voicemail.

Then my friend suggested in-patient rehab, so I put my name on a waiting list. But while I was waiting, I got the opportunity to tie one on. I went to a bar intending to have two drinks, but I stayed out all night drinking and partying. I missed my friend's important brunch the next day. I was furious that I had messed up again and furious that I had missed that brunch. I called my friend and apologized.

That was
December 7, 2009.

I called some numbers she gave me and stormed into an AA meeting. I don't know if I was the angriest newcomer my home group has ever seen, but I'm probably in the top 10. I was still in denial about my alcoholism, but although I desperately needed a drink to take the edge off, I was afraid to drink. I hoped that AA could keep me sober long enough to get to rehab, which I hoped would cure me of my outside issues. After rehab, I figured I would go back to my 10-martini Fridays.

The people at the meeting gave me words of encouragement, but I bellowed, "You all don't understand how bad I've messed up my life! Y'all don't understand all I've done!" The chair told me, "It's OK, calm down. You're in the right place." But she kept her hand on her cellphone in case she needed to call the police.

After the meeting, I saw one of our members trying to help a guy through the DTs. The member had bought the guy a can of cheap malt liquor, the same brand of malt liquor I used to drink when I was homeless and couldn't afford my fancy vodka. I told the guy about a blackout I had from drinking that brand of malt liquor, and it hit me: Oh man. I really am an alcoholic! I decided to get with the AA program and have stayed sober ever since.

Some of my former colleagues have taken early retirement, but I'm starting over. I'm renting a desk at my sponsor's building, but at least I have my career back. I try to be thankful for what I have, and not dwell on what I've lost. I sleep in the same place every night. I pay the rent and the utilities every month. I have food in the refrigerator, money in the bank and cat food in the pantry.

Yes, when I was a year and two days sober, I got a cat. At two years sober, I bought an old clunker of a car. I don't make as much money as I did in 1999, but my needs are a lot simpler now that I'm not buying rounds at the strip club.

And best of all, AA gave me my self-respect back.

—Anonymous

August 1946

Must Want Help

By: Benny W. | Clearwater, Florida

It is my contention that in order for a man to act normally it is necessary for him to live normally, that is, to adjust his life so that each phase of it will balance with the other. The occupational part must be on the same level as the emotional part and the spiritual part and so on.

Fundamentally we are virtually the same. Conditions, environment, age and health, however, are factors that often overwhelm our judgment to the point that we begin to believe we are different from other persons. Usually when we begin to believe we are different we assume a sense of inferiority. Sometimes we try to sugar-coat it with an air of superiority. But you may wash it and scrub it as much as you will, it is still an inferiority complex, and you encounter many heartaches and much sorrow when you travel the road in such a frame of mind.

Alcohol Impairs Judgment

Our impaired judgment is a result of indiscreet use of alcohol. There is no doubt but that we could overcome the obstacles that made us think along these lines that are wrong had we not voluntarily befogged that part of our anatomy that controls our thinking. We have gotten out of the realm of happiness, peace, security and contentment and we do not know how to get back. We have forgotten how to live normally.

We need help and advice but are reluctant to accept it when it is offered. There are a thousand excuses and a thousand reasons we give. We use them to gratify our ego or satisfy some ever patient listener. Actually they don't make sense. They are something like what could be said of iced tea. First you put it on the stove to make it hot, then put ice in it to make it cold, sugar in it to make it sweet and lemon to make it sour. It is not quite understandable. Our well being has been jeopardized in its entirety and we are no longer capable of managing that intangible part of us that may be good and holds a spark of hope for the future. We are not pleased with the scheme of things, neither are we pleased with the outlook. We definitely belong to a group that doesn't fit in any line of endeavor or in any plan whether it be large or small.

Must Want Help

Before we can honestly accept the help that we need we have got to want it. We have got to admit to ourselves that this problem is bigger than we are, that we want to overcome it entirely and be sincere enough to admit we want to do so, not for John, Joe or Jim but for our own selfish selves. Our way of living has been cockeyed. It was the wrong way in that we were inconsiderate, selfish, and disorganized and our personalities became so complicated that people did not understand us nor would we let them.

Some of us found A.A. through desperation, some through curiosity and others because we wished to please a member of the family or to satisfy the request of a friend. There is no doubt that we were all in a sense skeptical. Instead of a "catch" and a lot of "Thou shalt nots" we found a design for living clearly defined and simple to put

into execution. More than likely some of this plan had been in our minds during sober intervals but we lacked the necessary push to put it over in that we could not do it alone. In A.A. we found a group of men and women who had suffered the same trials --some perhaps who had hit the bumps even a little harder.

These people have gained new perspective. They have been able to work out many of their problems by just overcoming the basic and all-important one through group therapy and by earnestly following the simple but effective program offered in A.A.

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October 1967

I Found AA in an Australian Prison

By: Leo M. | Adelaide

From that day I began to listen. . . it sounded as if those blokes had been reading my mail.

AS a young lad, I was surrounded by many prime examples of why I should not drink--in my home, in homes of relatives and in friends' and neighbors' homes. I saw the quarrels, fights and all the sordid things which go hand-in-hand with excessive drinking. Sure, there were happy times too, but these did not leave so lasting an impression on my mind.

Why then, after observing all this, did I begin drinking? I began, when I was about eight or nine, with inquisitive tasting at various parties of whatever was lying around, and sips from a jar (a gallon of sweet sherry) that my father kept on hand. In the Riverina of New South Wales almost everyone keeps one of these jars (in the particular town that I lived they did anyhow), and I suppose almost every kid has his tasting session too. I showed a distinct preference for Australian wine, and I developed the habit of constantly visiting Dad's jar for my tasting session--not getting drunk at this stage but, nevertheless, getting that warm glow from it.

Then in my early teens, while still at first year high, I had some trouble. The police stepped in, resulting in my being put on a three-year good behavior bond, with the condition that I would not approach any town without responsible adult supervision. My cousin's husband became my guardian.

My cousin, though, was a different proposition--and to my mind, she was an alky! As a kid of fourteen I couldn't understand that then.

I knew that she got through a lot of "medicine" (brandy) and took "sick" turns. I began smoking; and I tried the brandy too, not liking it as much as sherry. I was full of enthusiasm for farm work (what healthy fourteen-year-old wouldn't be?) but instead I had to be a sort of houseboy and I hated it. All my pleas to my cousin-in-law were opposed by my cousin. I was boiling with resentment at the unfairness of it. There were other reasons why I wanted to get away from my cousin. I was approaching my fifteenth year, and I had been abruptly made aware of new emotions; filled with anxiety, fear and a kind of curiosity, I was at my wit's end.

I began to really drink now. Brandy, beer at the pubs and anything

available at parties; I thought I was a full-grown man! After nine months of rebellion against housework I blew my top; so did everyone else. It was a stalemate.

A childless uncle and aunt then took control of me. This was much better. I was out in the paddocks with my uncle and we worked together. I was learning a lot about sheep and other farm work, and I began opening up old paddocks to wheat, plowing, fallowing, sowing--working hard, ten hours a day. I was right in my element.

But it didn't last. I'm not sure what happened, but in approximately eight months I had got to know just how much my uncle drank. I found bottles of wine planted everywhere. I would take a drink out of them and then put them back. During this period I put down solid drinking foundations, but even so, I was going fine on the farm. My parents came fifty miles each fortnight to visit us; my dad was trying to persuade me to come home, saying that he had gained permission for me to.

On returning home again personalities began to clash. I was unable to get my own selfish way, and so I left for Queensland and the beginning of a solitary and unhappy chase with no end. I had plenty of money and it was easy to spend it.

At the age of twenty I got serious with a very nice girl. That steadied me for a while and then--gradually slipped again. Nevertheless, the girl stuck; marriage was just around the corner--and then crash. Police court and then the criminal court had their say, and I had had my last drink for nearly three years.

Released again, I headed home, telling myself I'd had enough, fool that I was. I began drinking almost at once, *heavy*, and it knocked me about *fast*; six months was enough. I had dropped back into my old ways and I was before the courts again.

After being put out of circulation for another three years I knew what I had to do--stay away from drink and stay out of strife.

It would be only repetition to write about what happened, except to say I tried, when it was too late, to give drink up and I failed. It was the same old pattern over and over again. Finally, at the age of twenty-six, I was sentenced to four years' jail and declared to be an habitual criminal. Full of resentment and self-pity and abusing everyone mentally, I was transferred to Hatala Prison to serve out my time.

For six months I dropped into a morass of recrimination, blaming all but myself for the position I was in; contemplating escape or suicide. Out of sheer boredom I was talked into attending a couple of AA meetings. I sat through them without any interest whatever. Over the next twelve months I went to AA on and off without any reason or purpose. And then, one day one of the speakers said much the same words that I used at the beginning of this article. What he went on to say ran almost parallel to what my life had been except that he had not run foul of the law, or not to the same extent as I had anyhow.

From that day I began to listen to what was being said and, like most alkies say when they do listen, it sounded as if those blokes had been reading my mail. Yeah, they were punching very, very straight, right in my direction. I didn't like it and I didn't know what to do. I was at a stage where I didn't want to be honest, but I knew that this program had something I needed and at every meeting I

(Prison: Continued on page 4)

went to, I became more aware of it.

Then after much thought I admitted the First Step. This was the biggest thing I had done for many years; it was the beginning of a slow-motion avalanche that is building up into something bigger than me. From the moment of my taking the First Step, I began throwing myself into the program, reading the literature available, working for the group where I could, and thinking AA. It restored my faith and gave me tolerance and taught me to be honest with myself. I can now accept what I am without looking around for a scapegoat. It has given me the spark of courage to shoulder my load uncomplainingly and carry on helping my fellows where I can. It has shown me that I must give to get what I need from the program, and this I try to do to the best of my limited ability. For each twenty-four hours I retain my serenity with sobriety, I thank my God, as I understand Him, and thank also AA for being brought into prison to give strength to such as me.

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August 1987

Love in Work Clothes

By: C. C. | West Palm Beach, Florida

Seventh Tradition

In July of 1985, we celebrated the 50th anniversary of our Fellowship. For all of us who were there, it was truly a milestone in the history of AA. The happy, joyous throngs of sober men and women served as an inspiration to the entire world. It was a message of truth: that alcoholics can recover and do so in mass numbers and on a permanent basis.

Now, in 1987, we are faced with a serious challenge to our Seventh Tradition. The plain fact is that we, as a Fellowship, have simply not been self-supporting. What is even worse is that if present trends continue, we will be even less self-supporting as time goes on.

In December of 1985, I attended a Regional Forum in the southeastern United States, during which a considerable amount of time was dedicated to this subject. Plans were discussed and presented. Ways by which we can avert this threat were listed and, indeed, our General Service Office and our Conference have begun to deal with the concern of Alcoholics Anonymous becoming completely self-supporting by its own contributions within a five-year period. Yet, I wonder if this is truly the lesson that we, as a Fellowship, need to learn.

The Foreword of *Twelve Steps and Twelve Traditions* states that "AA's Twelve Steps are a group of principles, spiritual in their nature, which, if practiced as a way of life, can expel the obsession to drink and enable the sufferer to become happily and usefully whole." It also states in the following paragraph, "AA's Twelve Traditions apply to the life of the fellowship itself. They outline the means by which AA maintains its unity and relates itself to the world about it, the way it lives and grows."

This second paragraph, I believe, is where our learning experience lies. All of us are well aware of the significance of our Legacy

of Recovery. AAs speak endlessly on the subject of recovery. We go to Step meetings, Step classes, listen to speakers and tapes sharing personal experience with recovery through the Steps. Yet, the very logo of the Fellowship is a circle and a triangle. Our Fellowship, and therefore our program, is based upon all three sides of this triangle.

Perhaps, part of our "coming of age" so far as this challenge to the Seventh Tradition is concerned lies within the Legacies of Unity and Service. We understand that "personal recovery depends upon AA unity." We know that we ought to be "fully self-supporting, declining outside contributions" and that "Love and Service" symbolize the sharing of "our experience, strength and hope." But, do we know that Service is love in work clothes? Are we aware that if we are to avail ourselves of the whole program of Alcoholics Anonymous we need to include being part of the whole, each doing our part for the unity of all; that "freely giving" goes beyond our traditional Twelfth Step work and sharing at meetings? I hope so. The future of AA may depend upon our encompassing, as individuals, all three sides of our triangle.

Certainly, there is no question as to whether groups of AA will continue to survive; but will they be AA as we have come to know it? Do we dare, through lack of concern, allow the day to come when the direction that our Fellowship takes is determined by entities outside of AA by virtue of the fact that they control our purse-strings? These are questions that we, as the contemporary AA Fellowship, must face today if we are to continue to be responsible to those who will continue to reach out for help.

I suppose that my personal feeling toward recovery from the seemingly hopeless condition of body, mind, and spirit which constitutes alcoholism is that in order to become "happily and usefully whole," I need to become a part of the entire program of Alcoholics Anonymous, i.e., all of the three Legacies. I believe that if I search within my spirit, and I have, I will find AA has given me much more than I have ever given it, regardless of how active within the Fellowship I have been.

The message I feel needs to be carried to the Fellowship today is that our Fellowship can also suffer just as the individual can if we fail to become responsible for the determination of our own future. Unity means more than belonging to a group. It also means being responsible for the perpetuation of that group and, of course, the Fellowship as a whole. This must necessarily mean financial support as well as moral support. How else would we guarantee the integrity of our literature, our experience, and our Traditions? Would we ever want an outside entity, by virtue of its financial clout, to determine "what is best for AA"? I think not.

Since we are a Fellowship of "trusted servants," it is therefore understood that we do our own legwork. Who else could carry the AA message better than us?

I feel that this requires becoming informed, as a Fellowship, as to the real and actual needs of the Fellowship today. Let us carry this message to our respective groups, districts, and area assemblies. God has given us the responsibility to perpetuate our program for countless thousands to come. Perhaps, when we next share our experience, strength, and hope, we may wish to include all three Legacies. We may wish to truly become personally

(Clothes: Continued on page 5)

responsible for the future of AA as well as our own. If we do, we can, together, meet this challenge to our Seventh Tradition and guarantee that we will become fully self-supporting through our own group contributions.

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June 1998

The Fellowship We Crave

By: Dick L. | Sarasota, Florida

The Big Book tells us God will show us how to create the fellowship we crave, and he will constantly disclose more to us.

What I realize at this stage of my sobriety and length of service is that the fellowship I crave has constantly changed since I came into Alcoholics Anonymous.

When I came to my first meeting, I had about twenty minutes of dry time since I'd had a drink on the way to the meeting. I was confused and bewildered but impressed at the things taking place around me. It was a new experience for me to find a group of people who were willing to accept me for what I was and not for what I could contribute to them. In the beginning, there was nothing I could contribute except to help set up the hall and make the coffee. It was some time before I could share my experience, strength, and hope, but that didn't stop me from soaking up everything I could about the AA program and this new way of life. The things I had always looked for were unfolding before me day by day. The fellowship I craved then was based solely on recovery. I was a taker having very little or nothing to give in return.

It was after I got a sponsor and, at his direction, a home group, that I started to learn about unity. Many of you will be familiar with this part of the story. I was now ready to get things moving! Several other groups could use my help so I joined every group that made an invitation to join. I backed every cause that seemed just and was ready to twelfth-step anyone who needed help. But I started to learn about the Traditions and found out that our common welfare came first and our personal recovery depended on AA unity--and these things were ahead of my personal ambitions and desires. I became active in the business affairs of one group, which was now my only home group, and offered my support to the others. I started listening to the Preamble and learning about our singleness of purpose and knew that I was experiencing the spiritual growth we talk about when we're ready to move along in service. The fellowship I craved, at this point, was based on spiritual growth and service work guided by the Traditions for the good of AA.

It was now that I began to see AA as a whole and understand how all three sides of our triangle (Recovery, Unity, Service) made up the whole picture. I was more aware of our singleness of purpose and the problems that developed when our message was diluted as people came to the meetings and discussed problems other than alcohol and problems belonging to other twelve-step programs.

The fellowship I crave now is the one that was passed on to me based on the basics where the newcomer is met at the door and welcomed into the Fellowship of Alcoholics Anonymous, where he is active in a home group with a sponsor for guidance, where recovery is possible through the principles of our Twelve Steps and made to work by the unity insured by the Twelve Traditions and a service structure guided by the Twelve Concepts.

This is a fellowship, undiluted with personal changes, that we can pass along to the alcoholics that have yet to reach our doors.

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June 1953

An Explanation

IN a national magazine of general circulation, a recent article breaks the anonymity of a General Service Headquarters Secretary.

Editors of the magazine sent a draft of an article dealing with alcoholism to AA headquarters with a request that it be examined and criticized. In the course of her assigned duties, the Secretary answered the magazine editors. . .and was dismayed weeks later to find that her reply had been abstracted and published as a comment on the article. . .her full name and GSH title being used, of course without authorization.

Apart from her own regret over the unfortunate incident, there is this bit of irony. . .the Secretary concerned is our principal watcher of periodicals for anonymity breaks of others.

And it had to happen to her when she was so carefully doing her duty!

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August 1974

Are We a Secret Society?

By: Earl C. | Santa Barbara, California

Anonymity within AA can be carried to dangerous extremes

SOME GROUPS have been misusing two of the most hallowed of our Traditions--numbers Eleven and Twelve--on anonymity. Any action, or failure to be helpful, which inhibits carrying the message is risking lives which are on the line--facing death or insanity unless help is readily available.

Where did the idea come from that it's breaking anonymity to announce last names at closed AA meetings? This is not "at the level of press, radio and films." True, "It should be the privilege of each AA to cloak himself with as much personal anonymity as he desires. His fellow AAs should respect his wishes." Bill wrote this in a 1946 Grapevine article. Nowhere, however, have I found justification for inflicting an extreme idea of anonymity on fellow AAs.

Is this "group conscience"? In my opinion, it's a misconception which has become a custom. It perverts the right of each AA to maintain his own personal anonymity at whatever level he wishes. It puts the group in the position of a secret society. We don't

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(Secret: Continued from page 5)

like promotion, but we want to have attraction.

In a recent closed discussion meeting, three participants in a row announced, "I'm Bill, an alcoholic." There were three newcomers there. Suppose one of them wanted to reach one of the "Bills" for help later on. He'd have to be a detective to root out the last name.

Another advantage of using last names in meetings is that it enables us to know each other better. It's more conducive to friendship and to carrying the message within the group. We don't give up our identities upon joining AA. But when we have so many Jims, Bills, Helens, etc., we're not much better than numbers without our last names.

If we can't trust our fellow AAs to preserve our anonymity in the outside world, whom can we trust? As sacred as anonymity is, being paranoid about it isn't healthy.

When I compare the recovery rate in groups that use last names with the rate in groups that don't, it seems to me there is a decided difference. The super anonymous groups have a higher percentage of relapse. Fellowship suffers when there's fear of revealing identity.

Try moving from a city where last names are used in meetings to one where the practice is frowned upon. You'll miss the old camaraderie. You'll feel sort of out of place. You'll have to work to become acquainted, when it should be easy. Some won't make the effort, and then they allow stinking thinking to take over.

Yes, our lives are on the line. We're in danger as long as we live. Having to hide-and-seek to get last names, in search of fellowship and help, makes it harder to work the program.

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LGBT AA Meeting
All AA members are welcome
Sunday afternoons at 4pm

located in

MKE LGBT CENTER
315 W Court Street
Milwaukee, WI 53212




Accessibility Lift in building
and plenty of parking in lot adjacent to the building
Any questions, call (414)617-1152

"Alcoholics Anonymous is a fellowship of persons who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking."

<https://www.aa.org/>


Posted Dec. 2023



Threads of Recovery
presents
AA History
Through the Lens of the
General Service Conference Advisory Actions
1951 - 2023

Francine W.
Palm Desert, CA

Merri M.
Des Moines, IA



Concept 2

The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole Society in its world affairs.

Fridays, Starting August 9, 2024

8amPT / 10amCT / 11amET / 4pmUK
Mtg. ID: 826-9431-0797
PW: 124145

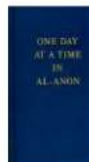


Friday Night Couples in Recovery

We are Back - EVERY Friday!

We welcome couples and singles interested in applying the 12 steps to both self and relationships!

We meet each Friday of the month beginning April 1st and would like couples or singles working any 12 step program to join us
At 7:30 pm



St. Pius Church
2520 N. Wauwatosa Ave. (76th St.)
Just north of North Ave.

(Enter the building on Wauwatosa Ave. Turn Left & up the Stairs)

[Click here for Map](#)

3 Bucks In The Basket... Make it a Reality, not just a dream!



"Every AA group ought to be fully self-supporting, declining outside contributions." Tradition Seven, Twelve Steps and Twelve Traditions,
Reprinted with permission AA World Services, Inc.
[Seventh Tradition Checklist](#)

Use **VENMO** on your smartphone to contribute.



Or Contribute using **PayPal** or your **Credit Card** from our website.

MILW. CENTRAL OFFICE

- E-mail us at:
dan@aamilwaukee.com
Hours:
M - F 9 a.m. to 4:30 p.m.
Sat. 9 a.m. - 12 p.m.
- Board of Directors Meeting, in-person.
Wednesday following 2nd Tuesday (odd months)
6:30 p.
- A. A. Meetings, Sun. at 9 a.,
Mon.- Fri. at 12:15 p.,
Sat. 9:15 a., & 10:30 a.
- Dist. 14 monthly meeting,
4th Wed. at 7 p.m.
- Dist. 16, monthly meeting
1st Thursday at 6:00 p.m.

Spanish Speaking Meetings: Meeting at English Speaking Clubs

- Pass It On Club, 6229 W. Forest Home Av, Milw. GRUPO 5 CONCEPTOS, 7:00 P.M. Saturdays, Upstairs. And Viajeros Wisconsin, 7:00 P.M. Saturdays, in lower level.
- GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Watertown, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM
- GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St. Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

SAFETY CARD FOR A.A. GROUPS

(The General Service Office has made this optional statement available as an A.A. service piece for those groups who wish to use it.)

Suggested Statement on Safety

Our group endeavors to provide a safe meeting place for all attendees and encourages each person here to contribute to fostering a secure and welcoming environment in which our meetings can take place. As our Traditions remind us, the formation and operation of an A.A. group resides with the group conscience. Therefore, we ask that group members and others refrain from any behavior which might compromise another person's safety.

Also, please take the precautions you feel are necessary to ensure your own personal safety, for example, walking to your car in a group after a meeting. If a situation should arise where someone feels their safety is in jeopardy, or the situation breaches the law, the individuals involved should take appropriate action. Calling the proper authorities does not go against any A.A. Traditions and is recommended when someone may have broken the law or endangered the safety of another person.

Service Material from the General Service Office

All the groups listed in our meeting directory, should be contributing regularly to the support of your Central Office. We want to be here when anyone reaches out for help. A big thank you to everyone, for all you do.

Need to make a group or personal contribution? Use our **CONTRIBUTE** button on our website: aamilwaukee.com or use our your **VENMO app** from your smartphone.

Meeting Space Currently Available

- **DryHootch**, 4801 W National Ave. Space available various time of day and evening. Call Otis W. [414-336-6576](tel:414-336-6576)
- **West Allis Senior Center**, 7001 W National Ave, West Allis WI. Call Shanon at [414-302-8717](tel:414-302-8717).
- **Luther Memorial Church**, 2840 S 84th St. West Allis WI. Contact by email: prviviane28@outlook.com
- **St Peter's Episcopal Church**, 7929 W Lincoln Ave, West Allis, Contact: Steve 414-543-6040 or email: christumc1@sbcglobal.net
- **Anchor Covenant Church** 1229 Park Row, Lake Geneva WI 53147, contact Laura, office@anchorcovenant.org

Redemptorist Retreat Cen-

ter, 1800 N Timber Trail Lane, Oconomowoc, WI 53066, (262) 567-6900 Email: rrc@redemptoristretreat.org
Please call for information and schedule of retreats for recovering people. AA and AI-Anon, \$250 three nights. We discuss the 12 steps and related topics.

2024 Weekend Retreats Jesuit Retreat House,

4800 Fahrnwald Rd.
Oshkosh, WI.
WI 54901,
call 800-962-7330
jesuitretreathouse.org
**Men and Women
in AA, AI-Anon**

Total cost: 4 days \$390.00.
Send a \$75.00 deposit with requests for specific dates to retreat house or call for info.

MEETING TIME CHANGE

LAKE COUNTRY GROUP Wednesdays at First Congregational Church,
815 S Concord Rd in Oconomowoc has **NEW MEETING TIME: 6:30 P.M.** starting **Wednesday January 3rd, 2024** (previously met at 7:00 P.M.)

DISTRICT MEETINGS

COMPLETE DISTRICT INFORMATION ON THE WEB:

<https://www.area75.org/page/districtmeetings>

1. Jackson, LaCrosse, Monroe, Vernon & Trempealeau; 2 & 18 Green Lake & Marquette Counties & part of Waushara; 7. Kenosha; 17. Racine County; 8 & 30 Rock County; 9. Crawford, Grant, Iowa and LaFayette; 19 & 37. Richland & Sauk; 20, 21 & 26 Dane; 31. Columbia County; 35. Green; 37. Juneau County.

(Check the web address above for meeting info.)

3. MANITOWOC & SHEBOYGAN CNTY'S: 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc

6. WALWORTH CNTY: 2nd Tue. 7:30 p. odd numbered months only, Walworth Alano Club, 611 E. Walworth St., Delavan

10. Spanish District. Contact: Salvador G. at 414-446-0158. Meets 1st Sunday 5 p.m. 1663 S. 6th Street, Milw.

11. JEFFERSON CNTY: Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills, or Zoom: 817 4085 9820, Password: 665473

12. WASHINGTON CNTY: 1st Wed. of month, 6:00 p., the Jackson Community Center N165W20330 Hickory Ln., Jackson, WI. 53037

13. WAUKESHA CNTY: 2nd Sunday of month, 1:00 p, St. Matthias Church, 111 E. Main, Waukesha

14. MILWAUKEE CNTY: 4th Wed. of month, 7:00 p, Milwaukee Central Office 7429 W Greenfield Ave., West Allis WI 53214

16. MILWAUKEE CNTY: 1st Thursday of month, 6:00 p, Milw. Central Office, 7429 W Greenfield Ave. West Allis WI 53214

23. DODGE CNTY: Last Sunday of month at 6:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-583-3142

24. OZAUKEE CNTY: 3rd Tue. of month, 6:30 p., Advent Lutheran Church, W63N642 Washington Ave, Cedarburg, WI 53012.

25. FOND du LAC CNTY: 2nd Tue. of month, 5:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac, WI.

27. MILWAUKEE CNTY: 3rd Wednesday of month at 7:00 P.M., the Zoom ID number is [824 0616 9567](https://us02web.zoom.us/j/6870109941?pwd=YVl4SVQzU3FaSE1rc3dzVmtxdFM4QT09) the password is 869 916. Covenant Lutheran Church, 8121 W Hope Ave, Milwaukee, WI 53222.

28. MILWAUKEE CNTY: 2nd Thursday of month, 7:00 p, Prince of Peace Lutheran Church, 4419 S Howell Ave, Milwaukee WI 53207.

29. MILWAUKEE CNTY: 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227

32. & 33 WAUKESHA CNTY: 4th Tuesday of month, 6:30 p, Meeting ID: [321 751 3275](https://us02web.zoom.us/j/3217513275), Passcode: [323232](https://us02web.zoom.us/j/3217513275)

34. WAUKESHA CNTY: 1st Tues. of month, 6:30 p, Northwest Area Alano Association, N88W17658 Christman Rd., Menomonee Falls. Join online at: <https://us02web.zoom.us/j/6870109941?pwd=YVl4SVQzU3FaSE1rc3dzVmtxdFM4QT09>

36. RACINE/KENOSHA: 2nd Tuesday of the month 6:00 p.m., 12 & 12 Club, 482 S Pine St., Burlington

38. MILWAUKEE CNTY: Last Sunday of month 4:00 p.m. Milwaukee Group Meeting Room, 933 E Center St. Milwaukee WI 53212

SEND ADDITIONS AND CORRECTIONS TO:

7429 W. Greenfield Ave, West Allis, WI 53214, dan@aamilwaukee.com

[Area 75, Southern WI. Calendar of Events 2025 Madison Senior Center, 330 W Mifflin St, Madison WI. 9 A.M. to Noon except where noted.](#)

2024 [Area 75 Fall Conference](#). Fri Nov 1st to Nov 3rd. Chula Vista Resort, Wisconsin Dells
2025 [Winter Service Assembly](#) – January 18 at the [Madison Senior Center](#)
[Additional Reports:](#) Conference of Delegates Past and Present – Feb. 13-15 in Bay City, MI
Delegates Workshop – March 15 at the [Madison Senior Center](#)
[Pre-Conference Assembly](#) – April 12 at the [Madison Senior Center](#)
[Additional Reports:](#) General Service Conference – April 19-25 in New York
[Annual Area 75 Conference](#) – May 15-17 in Fond Du Lac, WI
[Summer Service Assembly](#) – June 21 at the [Madison Senior Center](#)
International Conference – July 2-5 in Atlanta, GA
[Fall Service Assembly](#) – October 18 at the [Madison Senior Center](#)
East Central Regional Forum – November 13-15 in Milwaukee, WI

CORRECTIONAL INSTITUTIONS

In-person meetings have started back up in the Area corrections facilities. Contact Michelle, Area Corrections Chair by email; corrections@area75.org for information on days and times of meetings.

For meetings at Milwaukee Area Correction facilities contact: Emily J. at 262-364-7275 or email: mccccoordinator@gmail.com

- **TAYCHEEDAH CORRECTIONAL**, Fond du Lac, WI 54937
- **OAK HILL CORRECTIONAL INSTITUTION:** 5212 County Road M, Fitchburg, WI 53575
- **WAUPUN CORRECTIONAL INSTITUTION**, Waupun WI
- **FOX LAKE CORRECTIONAL**, Box #147, Fox Lake, WI 53933
- **JEFFERSON COUNTY JAIL** 411 S. Center St., Jefferson, WI,
- **RACINE CORRECTIONAL INSTITUTION** for MEN 2019 Wisconsin St, Sturtevant, WI 53177
- **FEDERAL CORRECTIONAL** Satellite Camp, Oxford, WI.
- **THOMPSON FARM**, RT. 2 DEERFIELD, WI.,
- **ROBERT ELLSWORTH CORRECTIONAL**, Union Grove, 53182
- **KETTLE MORAIN CORRECTIONAL**, Forrest Dr., Plymouth,
- **MILWAUKEE COUNTY HOUSE OF CORRECTION**, 8885 S. 68th St. Franklin WI. Emily J. by Email: mccccoordinator@gmail.com
- **MILWAUKEE COUNTY JAIL** 9th & State Milwaukee WI. Emily J. by Email: mccccoordinator@gmail.com
- **MILWAUKEE SECURE DETENTION**, 1015 N. 10th St. Emily J. by Email: mccccoordinator@gmail.com.
- **MILWAUKEE WOMEN'S CORRECTIONAL CENTER**, 615 W Keefe Ave. Emily J. by Email: mccccoordinator@gmail.com

MILWAUKEE COUNTY CORRECTIONS COMMITTEE: meets IN-PERSON. Contact Emily J. at 262-364-7275 or email: mccccoordinator@gmail.com for date and location. Donation can be sent to: MCCC, PO Box 270544, Milwaukee WI 53227-0544. Contact coordinator: Email: mccccoordinator@gmail.com with questions.

Corrections volunteers must go through the committee to get AA literature to take into the various facilities. Milwaukee Central Office no longer handles the funds.

ADDRESSES FOR YOUR INFORMATION

Milwaukee Central Office: 7429 W Greenfield Ave, West Allis, WI 53214 gmco@aamilwaukee.com

- **Area 75 Treasurer:** PMB #167, 5464 N Port Washington Rd., Glendale WI 53217
- General Service Office, P.O. Box 2407, James A Farley Station, New York, NY 10116-2407
- Area 75 [Corrections](#), [Bridging the Gap](#) or [Treatment](#) write to: PMB # 170, 5464 N Port Washington Rd., Glendale WI 53217
- **Southern Wisconsin Deaf Access Committee :** Email: milwareadeafaccess@gmail.com; Mailto: Deaf Access Committee, P.O. Box 1982, Waukesha WI 53186

MEETING ROOMS

NEW DAY CLUB

11936 N. Port Washington Rd
Mequon, (262) 241-4673

www.newdayclub.org

A.A. MEETING SCHEDULE

Sun. 8:00 a. Topic
11:00 a. Topic
5:00 p. Young People
7:30 p. Topic
Mon. 12:30 p. Tenth Step Gp
5:30 p. More about Alcoholism
8:15 p. Men's Gp
Tue. 10:00 a. Topic
5:30 p. Big Book
8:00 p. Big Book Gp
Wed. 10:00 a. Topic
2:00 p. Promises Meeting
5:30 p. Step Meeting
7:00 p. Women's Lifeline
Thur. 10:00 a. Topic Meeting
1:00 p. Women's AA Gp
5:30 p. Topic Meeting
Fri. 10:00 a. Topic Meeting
5:30 p. Step/Tradition
8:00 p.
Sat. 10:00 a. Step Meeting
5:00 p. Fellowship of Spirit
7:00 p. Feelings
10:00 p. Young People
8:00 p. Open Meeting (held on
3rd Saturday of month only)

AL-ANON MEETINGS

Monday 6:30 p. Al-Anon
Tuesday 1:00 p. Al-Anon/ACOA
Wednesday 7:00 p. ACOA
Thursday 7:00 p. Al-Anon
Contact club for information on other fellowships.

PASS IT ON CLUB

6229 W. Forest Home Ave
Milwaukee WI (414) 541-6923

www.passitonclub.com

A.A. MEETING SCHEDULE

Sun. 8:00 a. Sun. Wake Up
9:30 a. Reliance Meeting
11:00 a. Today's choice
3:00 p. Gratitude Plus
7:00 p. Big Book Readers
Mon. 7:30 a. Jump Start
10:30 a. First Step
4:00 p. Happy Hour Step Gp.
7:00 p. Open Introductory AA
Tue. 7:30 a. Comin' Back Gp
10:30 a. Keep It Simple
4:00 p. Drop the Rock
6:00 p. Key To Sobriety Women's
7:30 p. Three Legacies
7:30 p. Double Trouble DD/O
Wed. 7:30 a. Big Book Study
10:30 a. Pass It On
4:00 p. Happy Hr Promises
6:00 p. Courage to Change
7:00 p. We, Us & Ours
Thur. 7:30 a. Welcome Back Gp
10:30 a. Made Decision
5:15 p. As Bill Sees It
7:00 p. Gateway Topic Gp
Fri. 7:30 a. Honesty Gp.
10:30 a. Came To Believe
6:00 p. Women's Fri. Kickoff
6:30 p. Thoughts 4 Today
8:00 p. Broken Arrow
8:30 a. Early Bird
Sat. 10:30 a. Happy Joyous Free
7:00 p. Vajeros Wisconsin lower level
7:00 p. 5 Concepts upstairs
8:00 p. Back to Basics 12x12

LAKE AREA CLUB

N60 W 35878 Lake Dr
Oconomowoc, WI
(262) 567-9912

www.lakeareaclub.com

A.A. MEETING SCHEDULE

Sun. 8:00 a. Early Bird
9:30 a. Literature Meeting
11:00 a. Friendship Gp
6:00 p. Big Book
8:00 p. Gopher Sunday
9:00 a. Positive Attitude
6:30 p. Otter Gp
8:00 p. Step/Tradition Study
Tue. 1:00 p.
4:00 p.
7:00 p. Life House Beginners
8:00 a.
Wed. 10:00 a. Back To Basics
2:00 p. Women's Meeting
6:00 p.
8:00 p.
Thur. 10:00 a.
4:00 p.
5:00 p. Woman's Way 12 Steps
6:00 p. Hybrid Meditation Mtng
Zoom ID: 8923930536, PW: 999525
8:00 p. Grapevine Mtng
Fri. 12:30 p.
4:00 p.
8:00 p. Old School House
Sat. 10:00 a. Big Book
**OPEN AA/Al-Anon
SPEAKER MEETING**
Sat. 7:00 p. 2nd & 4th Saturdays
(AA and/or Al-Anon Speakers)
AL-ANON MEETINGS
Mon. 7:00 p. Al-Anon
Tue. 9:00 a. Al-Anon
Wed. 7:00 p. Al-Anon & Alateen

WAUKESHA ALANO CLUB

318 W. Broadway

Waukesha, WI, 262-549-6541

<http://alanoclubofwaukesha.com/>

(IP)=In-person,

Sun. 9:30 a. Sun Morn Sunlight (IP)
11:00 a. Sun Go-To-Mtng (IP)

Mon. 12:00 p. (IP)

6:00 p. Beginners AA (IP)
7:00 p. (12 & 12) (IP)

Wed. 12:00 p. Wed Nooners (IP)

5:30 p. Topic Gp (IP)

Thur. 12:00 p. Nooners (IP)

Fri. 12:00 p. T.G.I.F. Gp (IP)

6:30 p. Half Measurers (IP)

Sat. 6:00 a. Early Morning (IP)

10:00 a. Gp 124 (IP)

OPEN MEETINGS,
DANCES & EVENTS
Call for information.

GALANO CLUB

- LGBT & All in Recovery -
7210 W Greenfield Ave LL
Milwaukee, WI 53214, 414-276-6936

<http://www.galanoclub.org/>
[http://www.galanoclub.org/](mailto:galanoclub@gmail.com)

(V)=Virtual, (IP)=In-person, (V & IP)=Both
In Person and Phone Meetings Phone/
Video AA Meetings, Call (978) 990-5195
Meeting Id: galano7210
Code: 1919178#

Sunday: (V & IP)

10:30 a.m. - AA - Step / Topic
Meeting (In-person/phone/video)
10:30 a.m. - Al-Anon - Papillon Group.
(In-person)

Monday: (V & IP)

7:30 p.m. - AA "Came to Believe" 12
Spirituality. (In-person/phone/video)

Tuesday: (V & IP)

6:00 p.m. - AA Over and Under 40
Group (In-person/phone/video)

Thursday: (V & IP)

7:30 p.m. - AA - Living Sober One Day at
A Time In-person & Phone/video

Friday: (V & IP)

10:30 a.m. AA Step & Topic

Saturday: (V & IP)

7:30 p.m. - AA - Big Book & More. (In-
person/Phone/video)
The Galano Club is open one half hour
before the scheduled meetings.

NORTHWEST AREA

ALANO ASSOCIATION*

N88 W17658 Christman Rd
Menomonee Falls WI
53051 (No Phone)
Room 202

A.A. MEETING SCHEDULE

(V)=Virtual, (IP)=In-person, (V & IP)=Both

Sun. 10:00 a. Big Book Rm 202
7:00 p. Sun Night Gp Rm 202
Mon. 7:00 p. Just Do It Gp Rm 202
Tue. 10:00 a. Step
8:00 p. Topic
Wed. 7:00 p. Step/Topic
Thur. 10:00 a. Step
6:00 p. Women's
Fri. 8:00 p. Step/Topic (V & IP)
5:30 p. Code 3 Mtng Rm 202
Sat. 10:00 a. Sat Serenity Gp
7:00 p. Simply Sober Gp Rm 202

AL-ANON MEETINGS

Wed. 7:00 p. Al-Anon
Fri. 7:30 p. Al-Anon

*This is a Smoke-Free environment. We
have ample meeting space available for
12 Step groups. Contact the Northwest
Alano Club by mail.

WALWORTH

COUNTY ALANO CLUB

611 Walworth St.
(Hwy. 50 & 11)
Delavan, WI 53115,
(262) 740-1888

Sunday AA

10:00 a. Primitive Group
12:00 p. Open Speakers
6:30 p. Delavan Discussion

Monday AA

7:30 a. Sunny Side Up
12:00 p. Delavan Step Meeting
6:30 p. Delavan Meeting

Tuesday AA

7:30 a. Sunny Side Up
12:00 p. Delavan Noon Gp.
6:30 p. Delavan 12 Step Topic

Wednesday AA

7:30 a. Sunny Side Up
12:00 p. As Bill Sees It Gp.
6:30 p. Delavan IT Meeting

Thursday AA

7:30 a. Sunny Side Up
12:00 p. Delavan Noon Gp.
6:30 p. Delavan Big Book Gp.

Friday AA

7:30 a. Sunny Side Up
12:00 p. Big Book Study
6:30 p. Delavan Discussion

Saturday AA

7:30 a. Sunny Side Up
12:00 p. Delavan Noon Gp.
6:30 p. Delavan Beginners Gp.

ALANO CLUB

1521 N. Prospect Ave.,
Milwaukee, WI, 53202
(414) 278-9102

<http://www.mkealanoclub.org/>

A.A. MEETING SCHEDULE

Sun. 7:00 a. AA Express Mtng
7:45 a. AA Big Book/Discussion
10:00 a. Gp 17 Step
Mon. 7:00 a. Early Morning
10:30 a. Gp 72 Topic
12:15 p. Gp 76 Lunch Bunch
6:30 p. AA Gp 40 Big Book
Tue. 7:00 a. As Bill Sees It,
10:30 a. Gp 70 Step
12:15 p. Gp 76 Lunch Bunch
7:00 p. Beginner's Meeting
Wed. 7:00 a. AA
10:30 a. Gp 9, Step
12:15 p. Gp 76 Lunch Bunch
6:00 p. Chicks at Six Gp, women,
Child Care available
Thur. 7:00 a. Thr Express Mtng
10:30 a. Gp 97, Step
12:15 p. Gp 76 Lunch Bunch
7:00 p. AA (LGBT)
Fri. 7:00 a. Daily Reflections
10:30 a. Gp 21, Step
12:15 p. Gp 76 Lunch Bunch
6:30 p. Here & Now
7:30 p. Men's Zoom Mtng.
12:15 am. Second Shifters (Sat.)
Sat. 7:00 a. AA Meeting
11:00 a. Gp 87 Step
7:30 p. Open AA Speaker
AL-ANON MEETING
Sunday 10:00 a. Al-Anon

H.O.W. TO CLUB

8930 W. National Ave,
West Allis, (414) 543-2448
<mailto:howtoclub8930@yahoo.com>
<https://www.howtoclub.org>
Hours: 9am to 9pm daily.

Sun. 8:00 a. Eye Opener AA Gp.
10:00 a. Grass Roots (Steps)
4:30 p. Drop the Rock 6/7 Step
6:00 p. Restore Us To Sanity
7:30 p. Sun. Sober & Serene
Mon. 11:00 a. Winner's Circle
5:45 p. Gp 132, Women's Gp
7:00 p. Big Book Gp.
8:00 p. New Hope Gp.
10:30 P. What's the Point Gp.
Tue. 11:00 a. Willingness Group
6:00 p. Tue Topic 6pm Gp
8:00 p. New Hope Meeting
Wed. 10:00 a. Foundations Meeting
6:00 p. AA Beginners Gp.
7:00 p. Women's Freedom
8:00 p. Promises Group
Thur. 10:00 a. But For Grace Of God
6:00 p. Here and Now
8:00 p. How To Get It Going
Fri. 6:00 a. Early Risers Big Book
11:00 a. Priority Group
6:00 p. Big Book Friday
8:00 p. R.U.S. For Us
11:00 p. Candlelight Promises
Sat. 9:15 a. Men's Topic
11:00 a. Pioneers Group
3:00 p. Spiritual Growth
6:00 p. 1st & 12 Topic
8:00 p. Open Speaker 3rd Sat
8:00 p. HOW To Saturday

24 HOUR CLUB

153 Green Bay Rd.
Thiensville, WI
<http://www.howtoclub.org>

<http://www.howtoclub.org>

A.A. MEETING SCHEDULE

Sun. 8:00 a. Topic
10:00 a. Step/Topic
Mon. 6:30 a. Topic
10:00 a. Topic
8:00 p. Men's
Tue. 6:30 a. Topic
10:00 a. Step/Topic
5:30 p. Big Book
Wed. 6:30 a. Topic
10:00 a. Big Book
Thur. 6:30 a. Topic
10:00 a. Topic
5:30 p. Step/Topic/Trad
Fri. 6:30 a. Topic
10:00 a. Step/12 & 12
8:00 p. Step
Sat. 6:30 a. Topic
8:30 a. Big Book/Steps
10:00 a. Big Book
8:00 p. Open Speaker Mtng.
(1st Saturday Only)

In Person AA Groups NEED YOUR SUPPORT

- **Sun. 3 p.m.** Gratitude Plus, Pass It On Club, 6229 W Forest Home Ave, Milwaukee WI
- **Sun. 7 p.m.** Waukesha Sunday Night Beginner's, Ascension Lutheran Church, 1415 Dopp St, Waukesha WI
- **Sun. 7 p.m.** Butler Sunday Night, St. Agnes, 12801 W Fairmount St, Butler WI.
- **Mon. 7 p.m.** Unity Gp, 4600 Pilgrim Rd, Brookfield, WI
- **Tues. 7 p.m.** Gp 43, Friendship Club, 2245 W Fond du Lac Ave Milwaukee WI.
- **Wed. 8:00 p.m.** Helping Hand, Nativity Lutheran Church, 6905 W Bluemound Rd, Milwaukee WI

- **Thur. 12:15 p.m.** Jeanette Burnett Gp, St John's Cathedral Complex, 831 N Van Buren, Milwaukee WI
- **Thurs. 8:00 p.m.** Grateful Gp. Chabad House, 3030 E Kenwood Blvd, Milwaukee, WI
- **Thurs. 8:30 p.m.** Gp 22, Underwood Memorial Baptist, 1916 Wauwatosa Ave,
- **Fri. 9:30 p.m.** Big Book, Martin Luther Church 9235 W Bluemound Rd. Milw.
- **Sat. 8 p.m.** Gp 18, St Luke's, 3200 S Herman, Bay View, WI

MEETING ROOMS

<p>UNITY CLUB 1715 Creek Rd West Bend, (262) 338-3500 unityclub1715@att.net www.facebook.com</p> <p>AA MEETING SCHEDULE</p> <p>Sun. 10:30 a.* Gratitude Gp. 8:00 p. Candlelight Gp.</p> <p>Mon. 10:00 a. Monday A.M. 7:00 p. Men's 7:00 p. Women's</p> <p>Tue. 10:00 a. Tuesday A.M. 7:30 p. Beginner's</p> <p>Wed. 10:00 a. Promises 1:00 p. Steps/Promises 5:00 p. Happy Hour Gp In-person & Zoom: 332602852, pw: 123456</p> <p>Thur. 10:00 a. Big Book</p> <p>Fri. 10:00 a. Step/Topic Gp 6:00 p. Big Book</p> <p>Sat. 10:00 a. Here & Now 7:00 p. Big Book Connection</p> <p>AL-ANON & ALATEEN MTNGS Saturday 9:00 a. Al-Anon Thursday 7:15 p. Al-Anon</p> <p>• Open Mtng. 3rd Sunday of month</p>	<p>FRIENDSHIP CLUB 2245 W. Fond du Lac Ave Milwaukee, WI (414) 931-7033</p> <p>Email: friendshipinc@sbcglobal.net</p> <p>AA MEETING SCHEDULE</p> <p>Sunday 10:00 a. Friendship 11:00 a. Third Sunday Open Meeting</p> <p>Monday 10:30 a. Step Gp</p> <p>Tuesday 7:00 p. Gp 43 Big Book</p> <p>Saturday 10:30 a. Gp 112 Step</p> <p>Call for information on other types of meetings.</p> <p>Email: friendshipinc@sbcglobal.net</p>	<p>MILWAUKEE GROUP 933 E Center St, Milw WI 53212.</p> <p>A.A. MEETINGS</p> <p>Sun. 10:00 a In-person 8:30 p. In-Person</p> <p>Mon. 5:30 p. In-Person 7:00 p. In-Person 8:30 p. In-Person</p> <p>Tue. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Wed. 5:30 p. Zoom https://zoom.us/j/8974697046 pw:0 7:00 p. In-Person 8:30 p. In-Person</p> <p>Thur. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Fri. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Sat. 8:30 p. In-Person</p> <p>Beaver Dam Alano Club 115 N Lincoln St. Beaver Dam WI 53916</p> <p>Sun: 10:30 a.m. & 7 p.m. Mon: 8 a.m., 6 p.m. & 8 p.m. Tue: 9:30 a.m. & 7:30 p.m. Wed: 8 a.m. & 7 p.m. Thur: 9:30 a.m. & 8 p.m. Fri: 12 Noon & 6 p.m. Sat : 12 Noon & 7 p.m. Open</p>	<p>MILWAUKEE GROUP 933 E Center St, Milw WI 53212.</p> <p>A.A. MEETINGS</p> <p>Sun. 10:00 a In-person 8:30 p. In-Person</p> <p>Mon. 5:30 p. In-Person 7:00 p. In-Person 8:30 p. In-Person</p> <p>Tue. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Wed. 5:30 p. Zoom https://zoom.us/j/8974697046 pw:0 7:00 p. In-Person 8:30 p. In-Person</p> <p>Thur. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Fri. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Sat. 8:30 p. In-Person</p> <p>Milwaukee Central Office 7429 W Greenfield West Allis WI 414-771-9119</p> <p>A.A. MEETINGS</p> <p>Sun. 9:00 a. Gp 10 Sunday</p> <p>Mon. 12:15 p.</p> <p>Tue. 12:15 p.</p> <p>Wed. 12:15 p.</p> <p>Thur. 12:15 p.</p> <p>Fri. 12:15 p.</p> <p>Sat. 9:15 a. 1st Step 10:30 a.</p> <p>We do not meet on major holidays.</p>	<p>LIGHTHOUSE ON DEWEY 1220 Dewey Ave. Wauwatosa WI</p> <p>AA MEETINGS</p> <p>Sunday 6:00 p. Jim's First Step 7:30 p. Gp 78 Great Room</p> <p>Monday 7:30 p. Laughs/Leisure</p> <p>Tuesday 6:00 p. 11th Step Meditation 7:30 p. Professionals</p> <p>Wednesday 7:30 p. Presidents Hall 8:00 p. "RES-IPSA"</p> <p>Thursday 7:30 p. Alumni No 12 Friday 7:15 p. Gp 74 Saturday 10:00 a. Gp 59</p> <p>All Saint's Cathedral 818 E Juneau Ave. Milw 53202</p> <p>Sun: 7:00 p.m. Bench Meeting Mon: 7:30 p.m. #08 Sane & Sober Tue: 10:30 a.m. Men's Gp. Wed: 7:30 p.m. Men's Gp. Fri: 7:30 p.m. Big Book Gp. Sat: 10:30 a.m. Men's Gp.</p>
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JOIN the BIRTHDAY CLUB!

We celebrate birthdays, and we'd like to help you celebrate yours! Send us a contribution of **\$1 for each year of Sobriety**- or more if you choose- and we'll print your birthday in the Between-Us Newsletter. Include your Home Group, and we'll print that also!

Requests should be in by the 24th of the month prior to your sobriety date. Late arrivals will appear the following month.

Just fill in the form below and mail, with your contribution, to:

Payable to: "Greater Milwaukee Central Office"
Memo: Birthday Club
7429 W Greenfield Ave
West Allis WI 53214

 Payment/Contribution: using [VENMO](#) or from our website, using [Credit Card](#) or [PayPal](#).

\$ _____ enclosed.

I will have _____ years on _____ / _____ / _____

Name _____


Address _____

City _____ State _____ Zip _____

Phone: () _____ - _____


Email: _____

Home Group: _____



HAPPY BIRTHDAY!

Years	Name	Home Group
42 (8/26/2024)	Rosemary B.	Thurs 1pm Women, Mequon
48 (8/18/2024)	Thomas H.	12:15 Milw. Central Office





**Fox Point Group 86:
Reaching Out,
Join Us on Zoom Monday
Evenings.**

We are doing a group inventory, looking at ways in which we can be more accessible.

Current members with a wide range of sobriety, join our weekly meetings to discuss topics that impact all people in recovery thus providing a healthy balance for all.

We warmly welcome all genders, sexual preferences, ethnicities, and ages.

We meet on-line with ZOOM Monday Nights at 8:00 and will do so until we resume our "live" meetings at the North Shore Congregational Church in Fox Point.

Stop on by! We open up around 7:45 and begin at 8:00. If you are shy about "Zooming," just come on in and listen. It's Alcoholics Anonymous.

You will find a warm welcome to a lively and amiable group living one day at a time.

<https://zoom.us/j/8700953588>

Support needed for the Helping Hand Gp.

Nativity Lutheran Church

6905 W Bluemound Rd.

Wauwatosa, WI. [Click for map.](#)

Wednesday Night at 8:00 PM



Financial News: Please remember our tradition of self-support. If you wish to contribute to the Central Office, you can now use Venmo from your smartphone.

@MilwaukeeCentralOffice-AA

...0785 are the last four digits of the phone number associated with the Venmo account. (You may be asked for these numbers)

If you don't use Venmo or PayPal, you can always come visit us at the Central Office or mail a check.

**Use QR Code
To Contribute
Using
VENMO**



NEW MEETING ANNOUNCEMENT

The Next Frontier: Emotional Sobriety

After we quit drinking, we face various challenges inherent in living sober. Bill Wilson identified that "dependency" was an impediment to our emotional sobriety and maturity. He realized that emotional dependency on people, places and things was the source of his emotional and mental distress, in fact he identified this as his basic flaw. This new meeting focuses on discussing issues relating to our emotional sobriety. We come together to explore ways we can overcome our emotional dependency and the unreasonable expectations and unenforceable rules that our dependency generates. *Are you ready for the next frontier?*

**Join us Thursday nights for a closed
discussion meeting on emotional sobriety.**

When: Thursdays @ 7pm

Where: St. John's Lutheran Church, 20275 Davidson Rd, Brookfield WI

GREATER MILWAUKEE CENTRAL OFFICE
INVITES YOU TO OUR

FALL FLING

DINNER AND AA SPEAKER EVENT

SATURDAY SEPTEMBER 21, 2024

Seating is
limited:
Get your
tickets
early.

HOSPITALITY: 5:30 PM, DINNER: 6 PM
SPEAKER: MICHELLE S. (WAUKESHA WI)
7:15 P.M.

Proceeds
support
Central
Office.

DAVIAN'S CONFERENCE CENTER
N56W16300 SILVER SPRING DR,
MENOMONEE FALLS, WI 53051

\$30 PER PERSON
(SEPTEMBER 10TH, ABSOLUTELY LAST DAY FOR TICKETS)

MENU: BUFFET SERVICE
Vegan option available

Tickets by mail, \$30.00 each. Include a self addressed stamped envelope.

Greater Milwaukee Central Office

7429 W. Greenfield Ave., West Allis, WI 53214, 414-771-9119

Call or email for more information: gmco@aamilwaukee.com

Pay by check or credit card, Visa/MasterCard/Discover, include all necessary information.

Card Number _____ Expiration Date ____ / ____

Name _____ Phone _____ CID# _____

Address _____ Zip Code _____

E-mail Address: _____

Number of tickets ____ X \$30.00 = \$ _____

Tax deductible donation to
Greater Milwaukee Central Office..... + \$ _____

Check or Credit Card **Total**..... = \$ _____

Seating is assigned by table. If
you want to sit with your friends,
please buy your tickets together.

• **Tables of 10 available.**